



RUKMINI DEVI

Institute of Advanced Studies

App. by AICTE, HRD Ministry, Govt. of India & Aff. to G.G.S. I.P. University, Delhi

- Category 'A' Institute
- High Grading 81.7% by Joint Assessment Committee of GGSIPU & DHE, Govt. of NCT of Delhi.

Member of AMDISA. Member of AIMA



“Annual Intra College Sports Meet-2011”

Topic :	“Annual Intra College Sports Meet-2011”
Date of event :	October 1 , 2011
Description of the Event :	<p>Nobody can deny that games are a part and parcel of life. They are especially useful for the students who must have a balanced development of the body as well as the mind. A sound mind lives only in a sound body. Education is incomplete without games. They are necessary to keep the body fit and trim. Moreover, they provide recreation. As a result, one feels smart and cheerful throughout the day. If one is cheerful and healthy, he or she is able to get the best out of life. A player really enjoys life.</p> <p>Games generate a feeling of sportsmanship and broaden one’s outlook. They instill in us a spirit of adventure and enable us to follow virtues like discipline, honesty, integrity, loyalty and patriotism.</p> <p>Keeping in pace with its tradition, RDIAS organized the annual sports meet on the 1st October. The event saw the students flocking the ground in large numbers, brimming with enthusiasm and anticipation for the day.</p> <p>The event was a confluence of activities, fun, frolic and not to forget...interesting food as well. This platform proved to be a relief for the students from their grueling work schedule .It also provided ample space and opportunity for student teacher bonding.</p>

Event Report in brief:	<p>On 1st October the playground wore a festive look with teachers and volunteers students moving here and there to make arrangements at their level best to organize the event.</p> <p>The event was anchored by the students of MBA I Semester who initiated the proceedings and then invited honorable Director General, RDIAS, Col. Mahander Singh to declare the games open. Students got a chance to play games such as Badminton, Basketball, Volleyball, Tug of war, Long jump, Racing and Table Tennis. The students were seen in full swing. It seemed to be a real recreation for them. The event lasted the whole day and helped everyone unwind and get ready for the time to come.</p>
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