



**WORKSHOP ON TIME MANAGEMENT AND PERSONALITY DEVELOPMENT**

<b>Topic :</b>	Workshop on “Time Management and Personality Development” for the students of BBAI Semester
<b>Date Of Event :</b>	November 22, 2011
<b>Aim Of the Event :</b>	<p>A workshop on the above mentioned topic was conducted by Ms. Vani Chauhan, CEO- Success Sutras. She is a Post Graduate in Business Administration and also has 23 years of experience. This workshop was organized for the purpose of inculcating in them qualities of confidence, emotional strength, leadership skills, decision making ability, positive social attitude, sharing and self knowledge.</p> <p>The objectives of the workshop were:</p> <ul style="list-style-type: none"><li>• To discuss the aim of life.</li><li>• To discuss the importance of time in our life.</li><li>• To avoid multitasking and to set priorities in life.</li><li>• To explore the benefit of emotional intelligence in our life.</li></ul>
<b>Description Of the Event :</b>	<p>The workshop began from five important lessons from the life of great personality <i>N. R. Narayana Murthy</i>:</p> <ul style="list-style-type: none"><li>• Where you want to go?</li><li>• Respond- Happy or unhappy</li><li>• Mindset- fixed or growth</li><li>• Self Knowledge</li><li>• Sharing wealth</li></ul> <p>After this, the discussion moved to the <b>goal</b> in life, its meaning and fulfillment. Then she briefed the students about the importance of time in life by conducting 20 sec activity for students. She also mentioned the example of <i>Time Managing</i></p>

	<p><i>Matrix</i> in which urgent &amp; important, not urgent &amp; important, urgent &amp; not important and not urgent &amp; not important things was illustrated. After that, four aspects to our personality: <i>Body, Mind, Intellect and Consciousness</i> was discussed.</p> <p>The overall session was extremely informative and effective for the students of BBA first semester and they all enjoyed the whole session.</p>
--	--