



**Session on “Life Style Changes in Women- Impact on society:
An Indian Perspective”**

Topic :	Talk show on “Life Style Changes in Women- Impact on society: An Indian Perspective”- Celebrating International Women’s Day!!
Date of event :	March 8 ,2011
Aim of the Event :	<p>The reality of women’s lives remains invisible to men and women alike and this invisibility persists at all levels beginning with the family to the nation.</p> <p>Although geographically men and women share the same space, they live in different worlds. The mere fact that “Women hold up half the sky”- does not appear to give them a position of dignity and equality.</p> <p>The status of women in India has been subject to many great changes over the past few millennia. From equal status with men in ancient times through the low points of the medieval period, to the promotion of equal rights by many reformers, the history of women in India has been eventful.</p> <p>The aim of this event was to examine the choices and options available to the women of this day and age and to understand whether these changes are for the better for the society or not. Moreover, it is the requirement of the present generation to understand the concept of freedom, new lifestyle, challenges and accordingly the role changes of a woman.</p>

Event Report in brief:	<p>The event was a conclave of students from MBA and MCA...some were supporters, while the others were there to cheer their friends and to add value to the discussion!</p> <p>The event began with the motivational screening of two videos featuring the Iron Lady-Ms. Kiran Bedi, wherein she spoke about her passion and dedication towards her work which comes naturally with an inane sense of responsibility. The session then moved on to discussion on this theme by a panel consisting of five students, audience and faculty members. A large number of viewpoints surfaced during the discussion, each one from a different angle and different scenario.</p> <p>The message which we all learnt from the discussion was that</p> <ul style="list-style-type: none">• A woman is responsible for her condition to quite an extent; she does not need special care ordinarily. Till the time we do not understand this school of thought, it would be difficult for a woman to conceptualize the change in her image, in her own eyes.• For the development of a nation, it is important for women to strike a work life balance because schooling, thought process and values start from home and the benefactor of all these issues is a woman. <p>RDIAS indeed was instrumental in addressing this important issue and drawing the student's attention towards the same.</p>
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